

Some of us start out as a tourist at SAA meetings – the member who shows up every week ... but doesn't get a sponsor, doesn't work the steps ... and doesn't stop acting out – This resistance to surrendering to the SAA is program is rooted in pride and a stubborn unwillingness to admit defeat – despite the pain and consequences already experienced. As an SAA tourist we cling to the belief that we are not really powerless and that just going to meetings ... or church or a therapist – will be enough to turn things around without too much inconvenience. SAA tourists drop in and out for months or even years with no sobriety before one final crisis bring us to our bottom makes us willing at last to get serious. “
(Paraphrased from p 99 from the Green Book of SAA)

Welcome to this Big Book Study Telemeeting for sobriety from sex addiction. Now let's take thirty seconds of silence to meditate and invite Higher Power to our meeting. We'll follow that with the Serenity Prayer (or other suitable prayer). In order to help keep the lines clear, please mute your phone by pressing *6. Who has a message for the newcomer?

(Optional) Read Forward to the First Edition

WE OF Sex Addicts Anonymous are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other sex addicts precisely how we have recovered is the main purpose of this book. For them we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone better understand the sex addict. Many do not comprehend that the sex addict is a very sick person. And besides, we are sure that our way of living has its advantages for all.

Hello, everyone. My name is _____ and I am a (recovered) sex addict. Our Group Conscience has elected to use the Big Book of A.A. as its basic text for sobriety from sex addiction. Time and experience have proven it to be a successful approach to the Steps no matter what the addictive problem may be. More importantly, this is what worked for us.

The study leader is responsible for keeping the meeting focused on understanding the Big Book passages. If you find yourself saying “I” or “me”, you may be getting off track. We will have plenty of time to share after the study. If you are new, coming back, or have questions, we really would like to get to know you better. Members from this group who are willing to sponsor will announce their names and phone numbers.

_____ will be our study leader. They will be using the Dallas SAA Big Book Study Guide to better understand the selected passages from our sobriety instruction manual. _____ will read a question and call upon a member to read the next sentence out of the Big Book which is designed to be the answer.

(now turn it over to the study leader)

My name is _____, and I am a sex addict. I'll be your study leader this evening. Before we begin our study we are going to review a Tradition. This weeks Tradition is ___ and I've asked _____ to read the long form of the Tradition followed by the short form and to offer some comments.

We will begin our study on page _____. That will be in Chapter _____.

(When opening each paragraph for comments)

"Let's open that paragraph up for comment on the precise instructions it contains."

Closing :

Our group conscience believes that the place to check-in or get current is with your sponsor. If you need a sponsor, we can help. Would anybody who has taken these steps by the directions in the Big Book and had the promised spiritual awakening, please announce your names and phone numbers. If you are still working your steps and would like to be a friend to the new member, you can identify yourself as well.

Please take advantage of the SAAPP.CA website for Big Book based resources for sobriety from sex addiction.

Are there any prayer requests?

Let's have a moment of silence for these and the addict who still suffers followed by the Serenity Prayer (or choose an appropriate closing prayer).

Fellowship

Now it's time for fellowship. Please be careful if you decide to give out personal information . Are there any newcomers on the call?